### How safe is the vaccine?

### **Vaccine safety**

The U.S. vaccine safety system ensures that all vaccines are as safe as possible. The FDA reviewed the data from large clinical trials of the two authorized COVID-19 vaccines to make sure they are safe and effective for use. The VA, CDC and FDA will continue to monitor the safety and efficacy of these vaccines over time. This will help to determine how long the vaccines protect against COVID-19 and if there are any rare or long-term side effects we need to know about.

VA will be sharing vaccine data (without personal identification) with CDC. CDC has an independent group of experts that reviews all the safety data as soon as they come in and provides regular safety updates. Any possible problems will be quickly investigated to find out if the issue is related to the COVID-19 vaccine and determine the best course of action. Read more about vaccine safety on the CDC

COVID-19 vaccine website (https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety.html) by scanning the QR code at the right.



### **Side effects**

Both vaccines are well-tolerated and clinical trials did not reveal any significant safety concerns. However, mRNA vaccines are expected to cause side effects after vaccination, especially after the second dose.

The most common side effects of the Pfizer-BioNTech COVID-19 vaccine are warmth, redness or pain at injection site; fatigue; headache; muscle aches and/ or fever. Symptoms typically last one to two days.

The most common side effects of the Moderna COVID-19 vaccine, are pain at the injection site, tiredness, headache, muscle pain, chills, joint pain, swollen lymph nodes in the same arm as the injection, nausea and vomiting, and fever. Symptoms typically last several days.

You cannot get COVID-19 from either vaccine.

# What can I expect after vaccination?

Veteran and employee safety are VA's top priorities. Vaccination with the COVID-19 vaccine will provide you with strong protection against infection with the virus that causes COVID-19. Still, after vaccination, individuals will need to follow the 3 W's:

- Wear a face mask
- Watch your distance (stay 6 feet apart)
- Wash your hands often

Please continue to follow federal, state and local safety guidelines.

# Getting Your COVID-19 Vaccination For Veterans

U.S. Department of Veterans Affairs

# More information about the vaccine

Scan the code to visit the web pages

# **VA COVID-19 vaccination**

https://www.va.gov/health-care/covid-19-vaccine/



## **CDC Coronavirus Vaccine**

https://www.cdc.gov/ coronavirus/2019-ncov/vaccines/ index.html



# FDA Emergency Use Authorization

https://www.fda.gov/emergencypreparedness-and-response/ mcm-legal-regulatory-and-policyframework/emergency-useauthorization







"VA will be providing free COVID-19 vaccines first for highest risk health care personnel and Veterans. I look forward to getting the vaccine as soon as I am eligible. We are working tirelessly to get this pandemic under control and get back to our normal lives."

## Jane Kim, MD, MPH

Chief Consultant for Preventive Medicine National Center for Health Promotion and Disease Prevention Veterans Health Administration

VA's goal is to provide vaccine for all health care personnel and Veterans who want to be vaccinated in 2021.

# When will vaccines be available for Veterans?

VA has been working with the Centers for Disease Control and Prevention (CDC) on a plan to offer a COVID-19 vaccines as they become available. VA's plan is based on five core ethical pillars: safety, maximizing the benefit of the vaccine, equity, fairness and transparency.

### **Limited vaccine at first**

In planning for the early, limited distribution of vaccine as production ramps up, VA considered several factors, including:

- · Risk of acquiring infection
- Risk of severe illness and death if infected
- Risk of transmitting the disease to others
- Risk of harm to society if essential workers, including health care personnel, are unable to work

# Highest risk health care personnel and Veterans will be first



Based on these risk factors, VA will offer the vaccine first to 1) health care personnel (HCP) as they are essential to continuing to care for patients throughout the pandemic and 2) Veterans living in Community Living Centers (CLCs) and spinal cord injuries and disorders (SCI-D) units where the risk of severe illness and death due to COVID-19 is highest.

VA's ultimate goal is to have enough vaccine to vaccinate all Veterans and HCP who want to be vaccinated.

# Where can I get the COVID-19 vaccine in 2021?

The U.S. Food and Drug Administration (FDA) authorized the first COVID-19 vaccines, developed by Pfizer-BioNTech and by Moderna through Emergency Use Authorizations. VA is offering the vaccine at facilities nationwide.



# Why the initial vaccination sites were chosen

There were several reasons initial sites were selected, including having the ability to vaccinate large numbers of people and store the vaccines at extremely cold temperatures.

As more vaccines become available, VA care teams will reach out to eligible Veterans to schedule vaccination. Veterans seeking additional information can scan the QR code at the right to get to the CDC COVID-19 vaccination site (https://www.cdc.gov/vaccines/covid-19/index.html) for more information or contact their care team.

# Why should I get the COVID-19 vaccine as soon as it is available to me?

- You can protect yourself from COVID-19 illness and death.
- You could avoid transmitting COVID-19 to your loved ones, your colleagues and your community.
- The scientific review process for the vaccine authorization was rigorous. Studies were conducted by independent scientific experts and based on examination of data from vaccine trials that involved tens of thousands of people.
- In clinical trials, vaccine efficacy was consistent across age, gender, racial and ethnic backgrounds.
- Once enough people in the United States are vaccinated, we expect we will reach community immunity. This is when a sufficient proportion of a population is immune to an infectious disease (through vaccination and/or prior illness), to make its spread from person to person unlikely. Even individuals not vaccinated (such as newborns and those with certain chronic illnesses) are offered some protection because the disease has little opportunity to spread within the community. This is why everyone should get vaccinated as soon as the COVID-19 vaccine is available to them.
- The Pfizer-BioNTech and Moderna COVID-19 vaccines have greatly reduced the chance of COVID-19 disease among those who were vaccinated.
- Do your part. Widespread vaccination is the best way to get us back to doing the things most important to us.